

Camp Stevens Ropes Course Programs & Rates

Camp Stevens Ropes Course programs offer a variety of options, ranging from 2 hours to multi-day experiences. The common theme in our programs is to help each individual and the group work on specific goals that they set together. Through a combination of challenges and guided discussions, individuals can start to learn more about themselves as well as the group/team dynamics. Participants gain a stronger sense of self and learn positive working relations within the group.

An **All Day Ropes Course Program** is a 7-8 hour program (which includes lunch). In the first phase of the two-part program, the group works on team building through group initiatives. The group is presented with a series of activities that have inherent challenges. The participants work together using each person's unique qualities and the group's decision-making skills to meet the challenge. As they reflect on each activity, the participants learn about leadership and communication. They are then able to apply these new insights to the next task. After the group has completed the first phase, they are ready for their next challenge...

The second phase of the program, the high ropes course, offers a variety of individual and/or partner challenges. One of the major benefits of a high ropes course experience is the increased self-esteem that participants get from doing things that they thought were not possible. As they complete the first element, their sense of confidence grows. Each high element offers a new challenge and the discovery of a new strength. The program is completed with a group reflection on the experience. This helps participants process the experience and discover how they can apply these new learnings to other situations.

The **Half Day Ropes Course Program** can combine the initiative phase and the ropes course phase or it can provide a ropes course and reflection experience.

The **Team Building Program** is a half day of the group being presented with challenges in which they must work together to complete. The participants work together using each person's unique qualities and the group's decision-making skills to meet the challenge. As they reflect on each activity, the participants learn about leadership and communication and how it relates and affects their daily life.

The **Two Hour Program** gives groups the opportunity to participate in one element. This program works well for small groups (10-20 persons) who have had prior team-building/ initiative type experiences.

The Ropes Course Manager will work in advance with the group leader to design a program to fit the specific needs and goals of the group. Our caring and well-trained staff is flexible and eager to provide an enriching experience for each group.

Groups staying overnight at Camp Stevens receive a reduced rate for the ropes course programs.

Rates

<u>Conference Center Groups</u>	<u>10-23</u>	<u>24+</u>
All Day (RC and Initiatives) (8hr)	\$52.00	\$52.00
Half Day (RC) (4hr)	\$31.00	\$31.00
Team Building (half day) (4hr)	\$21.50	\$21.50
2 Hour Program (1 element)	\$18.00	\$10.50
<u>Non-Conference Groups (no overnight or meals)</u>		
All Day (RC and Initiatives)	\$78.00	\$67.00
Half Day (RC)	\$50.00	\$42.00
Team Building	\$29.00	\$29.00

The **Climbing Wall** offers a variety of challenges and fun for climbers of all skill levels. The first 1.5 hours costs \$100.00 while every half hour after is \$40.00 (minimum of 10 persons).